

AI at Home: A Beginner's Toolkit for Everyday Household Life

Simple, practical ways to use AI for planning, organizing, and handling the small admin tasks that run a household.

24 copy-paste prompts 6 chapters adults new to using AI who want practical help running a household — planning, organizing paperwork, and managing the home

A FIELD GUIDE, NOT A BINDER

Use AI to plan your household's week, organize home admin like bills and maintenance, and reduce the mental load of running a home, with every decision still yours.

WELCOME

What this pack helps you build

Use AI to plan your household's week, organize home admin like bills and maintenance, and reduce the mental load of running a home, with every decision still yours.

THE HUMAN BOUNDARY

AI can help you plan and draft, but never enter full bank account numbers, passwords, or your home address alongside other identifying details into an AI chat.

THE WORKFLOW

01 set up your household system -> 02 plan the week -> 03 organize home admin -> 04 manage maintenance and repairs -> 05 handle a big household project -> 06 keep the system running

YOUR TOOLS

Choose the tool that fits the work

TOOL	SHINES AT	GOOD TO KNOW
ChatGPT	weekly planning, cleaning schedules, and drafting household messages	The free tier covers everything in this pack; no paid subscription needed.
Claude	reading and summarizing longer documents like warranties or lease agreements	Good for pulling out just the parts of a long document that matter to your situation.

Setting Up Your Household System

Before diving into specific tasks, this chapter helps you figure out what actually needs organizing in your home and how AI fits into that.

IN THIS CHAPTER

- 01 Map out your household's recurring tasks
- 02 Pick your first area to organize
- 03 Set up a shared household note or list
- 04 Decide what AI should and shouldn't handle for your home

Map out your household's recurring tasks

PURPOSE

See the full picture of what actually needs to happen in your home each week and month.

WHEN TO USE IT

Use once, at the start, to understand what you're organizing before diving into specific tools.

COPY & PASTE PROMPT

Help me map out the recurring tasks that keep my household running. I live with [describe household, e.g. 'my partner and 2 kids' or 'alone']. List the typical weekly, monthly, and seasonal tasks a household like mine usually needs to manage (cleaning, bills, groceries, maintenance, etc.) so I can see what I'm currently tracking and what I'm not.

PRO TIPS

- Compare the list against what you're actually doing today — gaps are often exactly where things fall through the cracks.
- Don't try to fix everything at once; pick the 2-3 most chaotic areas to tackle first.

EXAMPLE OUTPUT

A categorized list of weekly, monthly, and seasonal household tasks typical for your household type.

WHAT'S NEXT

Circle the 2-3 areas that feel most chaotic right now to focus on first.

Pick your first area to organize

PURPOSE

Choose a focused starting point instead of trying to overhaul your whole household system at once.

WHEN TO USE IT

Use right after mapping your tasks, to decide where to start.

COPY & PASTE PROMPT

Based on this list of my household tasks, [paste or summarize the list from the previous prompt], help me pick just one area to organize first. I feel most overwhelmed by [describe, e.g. 'meal planning' or 'bills and paperwork']. Explain why starting there makes sense and what a 'good enough' first system would look like.

PRO TIPS

- Starting small and finishing it beats an ambitious system you abandon after a week.
- A 'good enough' system that you'll actually use always beats a perfect one you won't.

EXAMPLE OUTPUT

A recommendation for your first focus area with a description of a simple, workable starting system.

WHAT'S NEXT

Set up that first system this week before adding any others.

Set up a shared household note or list

PURPOSE

Create one place everyone in the household can check, instead of scattered sticky notes and texts.

WHEN TO USE IT

Use once you've picked your first focus area, to set up the actual shared tracking tool.

COPY & PASTE PROMPT

Help me design a simple shared household list for [area, e.g. groceries, chores, or bills] that [number] people in my household can all see and update. Suggest what columns or sections it needs and a simple format (like a shared notes app list or whiteboard) that doesn't require anyone to learn new software.

PRO TIPS

- Pick a format everyone in the household already has access to, not a new app only you will use.
- Keep the format as simple as possible for the first month — you can add complexity once it's a habit.

EXAMPLE OUTPUT

A simple list structure with suggested columns/sections and a recommended low-effort format to host it in.

WHAT'S NEXT

Set it up today and tell the rest of your household where to find it.

Decide what AI should and shouldn't handle for your home

PURPOSE

Set your own boundaries for what feels right to hand to AI versus keep fully manual.

WHEN TO USE IT

Use once, early on, so you're not deciding this under time pressure for each new task.

COPY & PASTE PROMPT

Help me think through which household tasks feel reasonable to get AI's help with (like drafting a cleaning schedule) versus which I'd rather keep entirely to myself or my family's judgment (like deciding to spend money on a big purchase). Give me a suggested split based on common household tasks.

PRO TIPS

- Decisions involving money, safety, or other people's private information deserve extra caution before involving any outside tool.
- It's fine to change your mind later — this is a starting point, not a permanent rule.

EXAMPLE OUTPUT

A suggested split of household tasks into 'good candidates for AI help' and 'keep fully manual/personal judgment' categories.

WHAT'S NEXT

Move to the next chapter to start planning your actual week.

Planning the Week

This chapter turns the weekly scramble of meals, errands, and chores into a five-minute planning session.

IN THIS CHAPTER

- 05 Build your weekly meal and grocery plan
- 06 Create a simple weekly chore schedule
- 07 Plan your errands into one efficient trip
- 08 Build a simple weekly household review

Build your weekly meal and grocery plan

PURPOSE

Get a full week of meals and a matching grocery list in one pass.

WHEN TO USE IT

Use once a week, before your grocery shopping trip.

COPY & PASTE PROMPT

Plan 7 dinners for my household of [number] people. Our budget is around [\$ amount] for the week, we [do/don't] eat meat, and we have about [amount of time] on weeknights to cook. Give me the 7 meals, a combined grocery list organized by store section, and flag which meals reuse ingredients to save money.

PRO TIPS

- Ask it to flag ingredient overlap between meals — this is one of the easiest ways to cut a grocery bill.
- Adjust the plan honestly if last week's plan didn't get followed; ask what made it hard to stick to.

EXAMPLE OUTPUT

Seven named dinners, a grocery list by store section, and a note on which meals share ingredients.

WHAT'S NEXT

Take the grocery list to the store, then set up next week's plan on the same day next week.

Create a simple weekly chore schedule

PURPOSE

Spread household chores across the week instead of a Sunday scramble.

WHEN TO USE IT

Use once to set up your schedule, then reuse or lightly adjust it each week.

COPY & PASTE PROMPT

Help me build a simple weekly chore schedule for my household of [number] people. Typical chores include: [list your household's actual chores, e.g. laundry, dishes, vacuuming, trash]. Spread them across the week so no single day is overloaded, and suggest who in the household might reasonably take on which task if relevant.

PRO TIPS

- Match tasks to actual availability (who's home when) rather than an even split that ignores everyone's schedule.
- Revisit the split after a couple of weeks and adjust anything that isn't sticking.

EXAMPLE OUTPUT

A day-by-day chore schedule spreading tasks across the week, with suggested task assignments if a household split was requested.

WHAT'S NEXT

Post the schedule somewhere visible and try it for one full week before adjusting.

Plan your errands into one efficient trip

PURPOSE

Combine scattered errands into a single, logically ordered route.

WHEN TO USE IT

Use whenever you have several errands piling up and want to combine them efficiently.

COPY & PASTE PROMPT

I need to run these errands this week: [list your errands, e.g. pharmacy, dry cleaning, post office, hardware store]. Help me group them into the fewest possible trips and suggest a sensible order based on typical store hours and how errands like these are usually clustered geographically in a town.

PRO TIPS

- Double check actual store hours yourself, since AI won't know your specific stores' current hours.
- Batch errands by area of town, then pick the trip day when you're already going to be out that way.

EXAMPLE OUTPUT

Errands grouped into the fewest logical trips with a suggested order, and a note to verify hours yourself.

WHAT'S NEXT

Pick a day this week to run the combined trip.

Build a simple weekly household review

PURPOSE

Reflect for five minutes each week on what worked and what to adjust.

WHEN TO USE IT

Use at the end of each week, to keep the whole system honest and improving.

COPY & PASTE PROMPT

Help me build a short weekly review template for my household — 3-4 quick questions I can answer in 5 minutes about what went well this week (meals, chores, bills, errands) and what to adjust for next week.

PRO TIPS

- Keep the review to 5 minutes max — a longer review becomes another chore people skip.
- Do the review at a consistent time, like Sunday evening, so it becomes a light habit rather than an afterthought.

EXAMPLE OUTPUT

A 3-4 question weekly review template covering meals, chores, and admin, answerable in about 5 minutes.

WHAT'S NEXT

Run this review for real at the end of this week.

Organizing Home Admin

Bills, subscriptions, warranties, and paperwork pile up quietly. This chapter puts AI to work getting your home admin under control.

IN THIS CHAPTER

- 09 Build a bill and subscription tracker
- 10 Summarize a warranty, lease, or insurance document
- 11 Draft a message to a landlord, HOA, or utility company
- 12 Build a simple home document filing system

Build a bill and subscription tracker

PURPOSE

See everything you're paying for in one place, and spot anything you can cancel.

WHEN TO USE IT

Use once to build the tracker, then update it monthly.

COPY & PASTE PROMPT

Help me build a simple tracker for my household bills and subscriptions. I'll list what I remember: [list bills/subscriptions and rough amounts you recall]. Organize them into a table with amount, due date, and payment method, and flag anything that looks like it might be a forgotten or unused subscription worth reviewing.

PRO TIPS

- List everything you can remember, even roughly — the tracker gets more accurate as you check actual statements against it.
- Review your bank/card statement once against this list to catch anything you genuinely forgot about.

EXAMPLE OUTPUT

A table of bills/subscriptions with amount, due date, and payment method, with a flag on anything to review for possible cancellation.

WHAT'S NEXT

Check your last bank or card statement against the tracker and fill in anything missing.

Summarize a warranty, lease, or insurance document

PURPOSE

Get the important parts of a long document without reading every page.

WHEN TO USE IT

Use whenever you receive a lease, warranty, insurance policy, or similar long document.

COPY & PASTE PROMPT

I'm going to paste in the text of a [lease / warranty / insurance policy]. Summarize: (1) what it covers, (2) the key dates (start, end, renewal), (3) anything I need to do to keep it valid (like registering online or keeping a receipt), and (4) the main exclusions or things NOT covered. Here is the text: [paste the document text]

PRO TIPS

- Paste sections of long PDFs rather than the whole thing at once for a more focused summary.
- For anything involving significant money or legal terms, treat this as a starting point and read the original document's fine print yourself.

EXAMPLE OUTPUT

A 4-part summary covering coverage, key dates, required actions, and exclusions.

WHAT'S NEXT

Add any renewal or action deadlines straight to your calendar.

Draft a message to a landlord, HOA, or utility company

PURPOSE

Write a clear, professional message about a household issue without agonizing over the wording.

WHEN TO USE IT

Use whenever you need to report an issue or make a request to a landlord, HOA, or utility provider.

COPY & PASTE PROMPT

Draft a professional message to my [landlord / HOA / utility company] about [issue, e.g. 'a leaking faucet that needs repair' or 'a billing error on my last statement']. Keep it factual, polite, and include a clear ask (what I want them to do and by when). Under 120 words.

PRO TIPS

- Include a clear, specific ask and a reasonable timeframe — vague complaints get slower responses than specific requests.
- Keep a copy of the sent message and any reply for your own records, especially for repair or billing disputes.

EXAMPLE OUTPUT

A short, factual, polite message with a clear request and timeframe, ready to send.

WHAT'S NEXT

Send the message and note the date in your admin tracker so you can follow up if needed.

Build a simple home document filing system

PURPOSE

Organize where important home documents live so you're not searching in a panic when you need them.

WHEN TO USE IT

Use once to set up your system, then file new documents into it as they arrive.

COPY & PASTE PROMPT

Help me design a simple filing system, physical or digital, for household documents: lease/mortgage papers, insurance policies, warranties, tax documents, and receipts for big purchases. Suggest folder categories and how long to typically keep each type of document.

PRO TIPS

- Match the system to whether you prefer physical folders or a digital folder structure — don't force a switch you won't maintain.
- Note that specific document retention rules can vary by document type and location; treat suggested timeframes as a general starting point.

EXAMPLE OUTPUT

A suggested folder category structure with general guidance on how long to keep each document type.

WHAT'S NEXT

Set up the folders (physical or digital) this week and file your most recent documents into them.

Managing Maintenance and Repairs

A well-run home needs regular upkeep. This chapter uses AI to help you stay ahead of maintenance instead of reacting to breakdowns.

IN THIS CHAPTER

- 13 Build a seasonal home maintenance checklist
- 14 Describe a problem to figure out if you need a professional
- 15 Draft a message to a contractor or repair service
- 16 Track ongoing repairs and follow-ups

Build a seasonal home maintenance checklist

PURPOSE

Get ahead of maintenance tasks before they become expensive emergencies.

WHEN TO USE IT

Use once to build the checklist, then review it each season.

COPY & PASTE PROMPT

Help me build a seasonal home maintenance checklist for a [house / apartment / condo] in a [climate type, e.g. cold winters, hot humid summers] region. Cover things like HVAC filters, gutters, smoke detector batteries, and weatherproofing, organized by season.

PRO TIPS

- Match the checklist to your actual home type and climate — an apartment needs a much shorter list than a house with a yard.
- Set a recurring phone reminder for each seasonal check so it doesn't rely on remembering.

EXAMPLE OUTPUT

A season-by-season maintenance checklist matched to your home type and climate.

WHAT'S NEXT

Set calendar reminders for each season's checklist items.

Describe a problem to figure out if you need a professional

PURPOSE

Get a rough sense of whether an issue is a DIY fix or needs a licensed professional, before you attempt anything risky.

WHEN TO USE IT

Use whenever something in your home breaks or malfunctions and you're not sure what to do about it.

COPY & PASTE PROMPT

Something in my home isn't working right: [describe the problem in detail, e.g. 'the kitchen sink is draining very slowly' or 'a breaker keeps tripping']. Based on this description, is this something generally safe to try to fix myself, or does it typically need a licensed professional? What should I check first before deciding?

PRO TIPS

- For anything involving gas, electrical wiring, or structural issues, treat AI's answer as a reason to call a licensed professional, not a repair guide to follow blindly.
- If in doubt about safety, always call a professional rather than attempting a DIY fix based on a chat response.

EXAMPLE OUTPUT

An honest assessment of DIY-safe vs. needs-a-professional, plus 1-2 things to check first.

WHAT'S NEXT

If a professional is recommended, call one rather than attempting the repair yourself.

Draft a message to a contractor or repair service

PURPOSE

Describe your issue clearly to get an accurate quote and faster scheduling.

WHEN TO USE IT

Use when reaching out to a contractor, handyman, or repair service about a home issue.

COPY & PASTE PROMPT

Help me write a clear message to a [contractor/handyman/repair service] describing this issue: [describe the problem]. Include what I've already tried (if anything), when I'm available for them to come look at it, and ask for a rough quote range before they commit to a full visit.

PRO TIPS

- Asking for a 'rough quote range' upfront helps you screen out providers outside your budget before scheduling a visit.
- Mention your availability clearly to avoid several rounds of back-and-forth just to schedule.

EXAMPLE OUTPUT

A clear message describing the issue, availability, and a request for a rough quote range.

WHAT'S NEXT

Send the message to 2-3 providers to compare responses before committing to one.

Track ongoing repairs and follow-ups

PURPOSE

Keep track of what's been reported, fixed, and still pending so nothing gets forgotten.

WHEN TO USE IT

Use anytime you have more than one repair or maintenance issue in progress at once.

COPY & PASTE PROMPT

Help me build a simple tracker for home repairs in progress. Columns should include: issue, date reported, who I contacted, status, and next follow-up date. Here's what I currently have going on: [list your current repair issues and their status]

PRO TIPS

- Update the tracker right after each call or visit while details are still fresh.
- Set a follow-up reminder for anything marked 'waiting to hear back' so it doesn't quietly stall.

EXAMPLE OUTPUT

A repair tracker table populated with your current issues, statuses, and next follow-up dates.

WHAT'S NEXT

Set a reminder for the earliest follow-up date on the list.

Handling a Big Household Project

Occasionally a bigger project comes along — moving, a renovation, hosting a big event. This chapter shows how AI can help you plan without getting overwhelmed.

IN THIS CHAPTER

- 17 Build a moving checklist and timeline
- 18 Plan and budget a home renovation project
- 19 Plan a household event or gathering
- 20 Debrief a big project after it's done

Build a moving checklist and timeline

PURPOSE

Turn an overwhelming move into a week-by-week checklist.

WHEN TO USE IT

Use as soon as you know a moving date, ideally 6-8 weeks out.

COPY & PASTE PROMPT

I'm moving from [current situation, e.g. a 2-bedroom apartment] to [new situation] on [date]. Build me a week-by-week checklist from now until moving day, covering things like notifying utility companies, changing my address, packing by room, and hiring/booking movers if needed.

PRO TIPS

- Start the checklist as early as possible — utility transfers and address changes often need more lead time than expected.
- Adjust the checklist honestly based on how much you're doing yourself versus hiring out.

EXAMPLE OUTPUT

A week-by-week moving checklist from today through moving day, covering admin, packing, and logistics.

WHAT'S NEXT

Complete this week's checklist items before moving to next week's.

Plan and budget a home renovation project

PURPOSE

Get a realistic project outline and budget checklist before committing to a renovation.

WHEN TO USE IT

Use at the planning stage of a home renovation or major improvement project, before hiring anyone.

COPY & PASTE PROMPT

I'm planning a [renovation type, e.g. kitchen remodel, bathroom update] with a budget around [\$ amount]. Help me build a project outline: typical phases, a rough budget breakdown by category (materials, labor, permits, contingency), and questions I should ask any contractor before hiring them.

PRO TIPS

- Always include a contingency line (commonly 10-20%) in any renovation budget — unexpected costs are the norm, not the exception.
- Get multiple contractor quotes and use the suggested questions with each one to compare fairly.

EXAMPLE OUTPUT

A project outline with phases, a rough budget breakdown including a contingency line, and a list of contractor screening questions.

WHAT'S NEXT

Use the screening questions when getting quotes from at least 2-3 contractors.

Plan a household event or gathering

PURPOSE

Organize a party or gathering at home without last-minute scrambling.

WHEN TO USE IT

Use whenever hosting a birthday, holiday gathering, or similar event at home.

COPY & PASTE PROMPT

I'm hosting [event type, e.g. a birthday party, a holiday dinner] for about [number] guests at my home. Build me a planning checklist covering food/drinks, seating/space setup, a rough timeline for the day of, and a shopping list, given a budget around [\$ amount].

PRO TIPS

- Build in buffer time in the day-of timeline — hosting always takes longer than the plan suggests.
- Ask guests about dietary restrictions early enough to actually adjust the menu.

EXAMPLE OUTPUT

A planning checklist covering food, setup, a day-of timeline, and a shopping list matched to your guest count and budget.

WHAT'S NEXT

Send out invitations and start the shopping list a few days before the event.

Debrief a big project after it's done

PURPOSE

Capture lessons learned so your next big project goes even more smoothly.

WHEN TO USE IT

Use right after finishing a big household project — a move, renovation, or event.

COPY & PASTE PROMPT

I just finished [describe the project]. Help me do a quick debrief: what went well, what I'd do differently next time, and any costs or timeline surprises worth remembering for next time. Here's roughly how it went: [describe briefly]

PRO TIPS

- Do this debrief within a day or two while details are still fresh, not weeks later.
- Save the debrief notes somewhere you'll actually find them before your next similar project.

EXAMPLE OUTPUT

A short debrief summary with what went well, what to change, and cost/timeline surprises noted.

WHAT'S NEXT

Save the notes for reference before your next similar project.

Keeping the System Running

The point of all this isn't to build a perfect system once — it's to keep a light, sustainable routine going. This final chapter locks that in.

IN THIS CHAPTER

- 21 Design your monthly household admin routine
- 22 Get the rest of your household on board
- 23 Simplify anything that's become a chore itself
- 24 Do a quarterly household system check-in

Design your monthly household admin routine

PURPOSE

Combine bill review, admin filing, and maintenance checks into one monthly session.

WHEN TO USE IT

Use once to design the routine, then follow it monthly going forward.

COPY & PASTE PROMPT

Based on everything I've set up — bill tracking, document filing, and maintenance checklists — help me design one monthly 30-minute household admin routine that covers checking bills, filing any new documents, and reviewing upcoming maintenance tasks. Give me a short checklist.

PRO TIPS

- Pick a consistent date each month (like the 1st, or payday) so the routine becomes automatic.
- Keep the checklist to 5-6 steps so the 30-minute estimate stays realistic.

EXAMPLE OUTPUT

A short monthly checklist (5-6 steps) covering bills, filing, and maintenance review, done in about 30 minutes.

WHAT'S NEXT

Run the routine for real this month and time how long it actually takes.

Get the rest of your household on board

PURPOSE

Make sure the system survives even when you're not the one managing it.

WHEN TO USE IT

Use once your systems are working for you, to bring in other household members.

COPY & PASTE PROMPT

Write a short, friendly explanation I can share with the rest of my household about our new systems for [meal planning / chores / bill tracking — pick what's relevant]: what it is, where to find it, and how they can help keep it updated.

PRO TIPS

- Keep the explanation under 150 words so it actually gets read.
- Ask one specific small thing of each household member rather than a vague 'please help out.'

EXAMPLE OUTPUT

A short, friendly explanation with a clear location for the shared system and one specific ask per household member.

WHAT'S NEXT

Share it with your household and check in after a week to see if it's being used.

Simplify anything that's become a chore itself

PURPOSE

Notice when a system you built has become more trouble than it's worth, and fix it.

WHEN TO USE IT

Use whenever a part of your household system feels like it's taking more effort than it saves.

COPY & PASTE PROMPT

This part of my household system feels like more trouble than it's worth: [describe the system and why it's become a burden]. Help me simplify it — either a lighter-weight version, or reasons I might be able to drop it entirely.

PRO TIPS

- A system nobody actually uses isn't a system — it's fine to abandon or drastically simplify something that isn't working.
- Try the simplified version for two weeks before deciding whether it's actually better.

EXAMPLE OUTPUT

A simplified version of the system, or an honest case for dropping it, based on your description.

WHAT'S NEXT

Try the simplified version for two weeks and reassess.

Do a quarterly household system check-in

PURPOSE

Review the whole system every few months so it keeps up with a changing household.

WHEN TO USE IT

Use every 3 months, or whenever life circumstances change (new job, new baby, moving).

COPY & PASTE PROMPT

It's been a few months since I set up my household systems. Help me review: what's still working, what's fallen off, and what needs updating now that [describe any life changes, e.g. 'my kids started a new school year' or 'my work schedule changed']. Suggest 2-3 adjustments.

PRO TIPS

- Be honest about what's quietly stopped happening — that's the most useful signal for what to fix.
- Match adjustments to your actual current life circumstances, not the ones from when you first set things up.

EXAMPLE OUTPUT

An honest review with 2-3 concrete adjustments matched to your current life circumstances.

WHAT'S NEXT

This pack is complete once you've run the monthly admin routine at least twice and done one quarterly review.

Make the system yours

Household Task Map

List every recurring task and how often it happens.

TASK

FREQUENCY

WHO USUALLY DOES IT

CURRENTLY TRACKED? (Y/N)

Weekly Meal & Grocery Plan

Your 7-day meal plan and matching grocery list.

DAY

MEAL

KEY INGREDIENTS

REUSED FROM ANOTHER MEAL? (Y/N)

Weekly Chore Schedule

Chores spread across the week by household member.

DAY

CHORE

ASSIGNED TO

DONE? (Y/N)

Bills & Subscriptions Tracker

Every recurring payment in one place.

ITEM

AMOUNT

DUE DATE

PAYMENT METHOD

REVIEW FOR CANCELLATION? (Y/N)

Home Document Filing Index

Where each type of household document lives.

DOCUMENT TYPE

FOLDER/LOCATION

KEEP UNTIL

DIGITAL OR PHYSICAL

Seasonal Maintenance Checklist

Maintenance tasks by season for your home.

SEASON	TASK	LAST DONE	NEXT DUE

Repairs In Progress Tracker

Every open repair issue and its status.

ISSUE

DATE REPORTED

CONTACTED

STATUS

NEXT FOLLOW-UP

Monthly Admin Routine Checklist

Your repeatable monthly 30-minute routine.

STEP

WHAT IT COVERS

TIME ESTIMATE

DONE THIS MONTH? (Y/N)

WHEN YOU REACH THE LAST PAGE

You have a working system

- ☐ A working weekly meal, grocery, and chore plan the whole household can follow
- ☐ A clear tracker for bills, subscriptions, and important home documents
- ☐ A seasonal maintenance checklist that catches problems before they're expensive
- ☐ A ready system for handling a big project like a move, renovation, or event
- ☐ A sustainable monthly admin routine the household actually keeps up with

Keep the human accountable. Let the agent make the work repeatable.